

HORMONE VISIT ONE

COSTS:

\$20 for the hormone kit – payable to us

\$155 for the processing fee payable directly to ZRT labs - female profile II is your test!

\$199 for the hormone consult and treatment plan with me! This includes refills for 6 months as well at no additional visit charges, including any tweaks we need to make to your dosages!

I wanted to send you our hormone evaluation information for your perusal.

We test hormones through the saliva, which is much more accurate than blood testing.

The lab we use is ZRT labs. You are doing saliva profile II, which means you will only be using two of the tubes out of the four provided.

The cost of the hormone kit is \$20. Once you get the kit, you follow these instructions to fill out your paperwork and send the test off to ZRT labs. You will pay ZRT labs directly for the cost of the test, which is \$155.

How to fill out the paperwork video: in the google drive assets folder

Video on how to collect your samples: [How to Collect Your Sample | ZRT Laboratory](#)

For women still having menstrual cycles, the collection MUST occur during cycle days 19-21! The first day of your last period is cycle day 1 😊

Once your results come in, you will follow-up with me for your results and treatment plan. The cost of the consultation is \$199 and includes follow-up for any dosage related changes for 6 months!

We like to be up front about all the costs so you can plan accordingly! Getting your hormone levels accurately tested is an invaluable asset for any woman to have because hormones affect everything, from weight to mood to fertility to quality of sleep, and *we want to make sure you are living your best life possible, as naturally as possible!*

Thank you so much for your patronage and support. We are honored to take care of you!

XOXO

Dr. Jaya